

# TOB MASTER CHART

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Last updated 5/6/2013)

<i>Humans were made as/with:</i>	<b>Initial Facts</b>	<b>Twist (issues)</b>	<b>Untwist</b>
<b>Pinnacle of Creation</b>	Hierarchy of being (rocks to humans to God) -God doesn't keep creating -Instead He says good good.	-treat humans as less than animals (MT stories)	
<b>Unique &amp; Unrepeatable</b>	Each person is once in a lifetime, or rather once in eternity.	-Lack of value for those around us. -"Comparison is the thief of joy" -"You came into this world an original don't die a copy" -chick flick mentality -pornography	-see true beauty in self and others -invest in other people -letting God teach us our worth -look at the Cross -refocus emphasis on clothes, makeup, muscles, jokes, etc. to focus on worth in others. The more you recognize others' innate worth the more you will see it in yourself. -look at your body as made by God, recognize it is literally His creation and He is pleased (good good).
<b>Set Apart from Creation</b>			
<b>Purpose</b>	It is to love and to be loved Q:How can I tell if I'm a good human? A: How well did I love and was	-Other purposes (money, fame, power, pleasure, etc.) -equates to what is our God, what do we live for? When we	Go to Love Himself (God) -learn how to love sacrificially and completely at Mass -pull a St. Terese and when

	<p>open to being loved?</p> <p>Example: If a desks purpose is to write on...</p> <p>Q: What makes a good desk?</p> <p>A: How easy is it to write on?</p>	<p>make a God out of other things we lose our purpose which is to love and God is LOVE.</p>	<p>you have no love ask God for His. (Grace through sacraments and prayers)</p> <p>-You can't give what you don't have. Let yourself be loved.</p> <p>"Remember that I have first loved you." (Confession)</p> <p>-Learn mercy and give it (Confession)</p> <p>-Read the greatest love story (scripture)</p> <p>-If making another person our God direct to John 19:5</p>
<b>Made for Our Own Sakes</b>	<p>NEVER to be used</p> <p>-We are not cogs in a machine</p> <p>-We are not pawns in a game (Hunger Games)</p> <p>-We are not a means to an end (be it pleasure, popularity, etc.)</p>	<p>USE: slaves, Nazis, prostitution, pornography, fornication, etc.</p> <p>Means to an end: date for the social status, the dependence, like a drug</p>	<p>redirect our needs to God</p> <p>-affirm good in our desire but recognize it's the wrong context</p> <p>-hope for Heaven</p> <p>-Trust in God providing our deepest desires</p> <p>-Increase our faith in God the Father as provider</p>
<b><i>Image and Likeness of God</i></b>			
<b>Intellect</b>	<p>ability to know and reason</p> <p>-This was perfect</p> <p>-Our intellect informs our will</p> <p>-The more truth you know the more able you are to choose well</p>	<p>DARKENED</p> <p>-not informing our consciences (Ignorance is bliss)</p>	<p>Go to Wisdom Himself (God)</p> <p>-study His ways in scripture, Church teaching, etc.</p> <p>-get rid of media that informs you incorrectly and fill it with good media (history, good literature, heroic stories,</p>

			Catholic radio, good movies)
<b>Will</b>	ability to freely choose -This was strong and perfect	WEAKENED -drunkenness -laziness -cowardice -hypnotism	VIRTUES -Theological virtues (Faith, Hope, Love) -Cardinal virtues (Temperance, Prudence, Fortitude, Justice) -learn from saints
<b>Relationship/Unions/ Male &amp; Female</b>	“It is not good for man to be alone.” -Created for loving relationship with God and others. -Trinitarian love is a part of our image and likeness. (God is not a cosmic bachelor) -created with differently with unique feminine and masculine gifts -ezer kenegdo -yatsar/banah (mud pies/ palaces)	-isolation -loneliness -selfishness -exclusion (bad cliques go against “scoop me up” Trinity) -lack of trust for one another -lack of relationship with God -contraception -broken marriages -lies -false feminism -false masculinity -harmful equality movements (both in gay marriage and in feminism)	-live outwardly -give ourselves in time, relationships, money, efforts -prayer as a union with God -welcoming to others -give sacrificially (“If you love until it hurts there will be no more room for hurt, only more love.”-MT -NFP -heal divisions (“If you judge people you have no time to love them.”-MT)
<b>Soul &amp; Body Unity</b>			
<b>A Language of Our Bodies</b>	makes visible invisible realities -similar to the sacraments -speaks of what is truly deeply going on	-sex outside of marriage -contraception -Judas’s kiss -IVF/surrogacy -manipulation -insincerity	-practice sincerity -practice Full, Fruitful, Faithful and Free love -follow God’s plan for sex and marriage -recognize the messages you

		-modesty -inappropriate dancing	are sending and try to make them more honest (dancing, dressing, acting)
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